

10th October 2022

Dear Primary PE Subject Leaders,

Year 3 & 4 and 5 & 6 Level 2 Sportshall Athletics Competition 2022/23

The aim of this competition is to provide your pupils with the opportunity to compete in Sportshall Athletics against other schools. We hope that your pupils will enjoy this competition and are then given the opportunity to join local Crewe and Nantwich Athletic Club. For more information about this club please visit their website www.creweandnantwichac.org.uk. In addition to the local club please find enclosed a flyer for a community athletics session.

Following the break last year we are once again including a year 3&4 format as part of this event. The format will only work with the support of all schools entering both year 3&4 and year 5&6 teams. The year 3&4 format is very similar to the year 5&6 format. Please see * below for difference between year 3&4 and 5&6 and also slight change in two events for both.

There are 7 heats this year, all taking place within a 2 week period. Both the year 3&4 and year 5&6 winner of each heat will qualify for a 7 team Final.

Please refer to the information below when selecting your teams and also the attached running order and team sheets.

- Please ensure you use the right running order and team sheet.
- There are specific running orders/team sheets for the rural (small schools), heat 1, and the urban, heats 2 – 7. On the team sheets you will find guidance on the minimum and maximum number of pupils and how many events they can take part in.
- Heat 1 (rural) includes a minimum of 6 girls and 6 boys and a maximum of 9 girls and 9 boys.
- Heats 2 – 7 includes a minimum of 9 girls and 9 boys and a maximum of 15 girls and 15 boys.
- Please make sure you have fully completed your team sheets prior to attending and have a spare copy to hand in on arrival.

If you have any questions regarding this competition please contact me.

Kind regards,



Chris Hughes
School Games Organiser

- Heat 1:** (Rural) Monday 21st November, Malbank, 2.30 – 5pm
Heat 2: Tuesday 22nd November, Shavington High School, 2.30 – 5pm
Heat 3: Wednesday 23rd November, South Cheshire College, 2.30 – 5pm
Heat 4: Thursday 24th November, Sir William Stanier High School, 2.30 – 5.00pm
Heat 5: Friday 25th November, Brine Leas High School, 3.45 – 6.15pm
Heat 6: Monday 28th November, Malbank, 2.30 – 5pm
Heat 7: Tuesday 29th November, Shavington High School, 2.30 – 5.00pm

Please note: Each School is asked to enter the competition with both year 3&4 and 5&6 teams, and attend ready for the stated start time so we can start promptly. Please note that the programme follows a very tight timescale and must start on time. If your school is running late please ring 07513 109490.

Heat 1 – Rural	Heat 2	Heat 3	Heat 4	Heat 5	Heat 6	Heat 7
Wrenbury	Gainsborough	Mablins Lane	Brierley	Weaver	Millfields	Wistsston CL
Sound	Willaston	St Marys	Beechwood	St Anne's	Highfields	Shavington
Wybunbury	Wistaston Academy	Pebble Brook	Monks Coppenhall	Pear Tree	Nantwich Academy	Weston
Calveley	St Michaels	Underwood	Leighton		Acton	The Berkeley
Bridgemere		Vine Tree	Hungerford		Stapeley	

*Difference in year 3&4 format:

- Instead of the Standing Triple Jump there will be 3 Bounds/Strides (please note this has been changed from previous 5 bounds). This will involve each child performing 3 bounds/strides on a roll out measuring matt.
- Instead of the 6 lap parlauf children will take part in a scored hurdles relay race (please note this has changed from the non-scoring Speed Bounce event). Full instructions and a demonstration will be given at the event.

*For both year 3&4 and 5&6 events there will no longer be a requirement for children to undertake a forward roll or any kind of roll in both the obstacle relay and the over and under races. Instead, a bean bag or foam relay baton will be used so children will have to pass to the next runner.

* Please also bear in mind that the start line for the obstacle relay and the over and under races will be in a slightly different place to previous years e.g. it will be further away from the turn board – this will be fully explained at the beginning of each race.